



Dear Parent/Guardian:
Please do the activities
checked with your child.

Keeping a Good Conscience
Ages 5-7

1. Conscience Pictures

Each of you draw pictures of people doing things that are either right or wrong to do. Then discuss your drawings and if doing those things can result in someone having a good or a bad conscience.

2. Asking Others

Together, ask 3 adults or teenagers what the conscience is and what all people can do to keep a good conscience. Then briefly review what different people told you.

3. Good or Bad Conscience?

Make a list of different actions someone could do. Read the different actions to your child and have him/her decide whether or not each action would result in someone having a good or a bad conscience.

- calling someone a name
- helping a younger child
- taking something that belongs to someone else
- doing your homework

4. Positive Action

Together, decide on something kind you could do for someone else to keep a good conscience. Go ahead and do it together and then discuss how you felt afterwards.

5. Conscience Sentences

Help your child write 2 to 4 short sentences about what he/she can do to keep a good conscience by doing what is right.

STORY WISDOM



Finding Life Lessons in Children's Stories

1. Discuss how different characters' actions could have given them either a good or a bad conscience.
2. Discuss the different choices characters made in a story and whether or not the choices resulted in a good or a bad conscience.
3. Review the story by discussing the good and bad choices characters made.



MEDIA WATCH



Understanding Media Messages

1. Discuss whether the choices of a TV character resulted in a good or a bad conscience.
2. Discuss characters in a children's movie who made good choices. Explain how the choices would give the character a good conscience.
3. Discuss a children's song and whether the song encourages people to do things that help them keep a good conscience.

DINNER DISCUSSIONS



Discussion Ideas for Meals Together

1. Affirm different family members by explaining ways they made good choices.
2. Have family members tell about some of the things they have done that resulted in a bad conscience.
3. Discuss what kinds of things our consciences can say to us.

QUOTE CORNER



Thoughtful Sayings to Display & Discuss

- [C]onscience asks the question, Is it right?
--Martin Luther King, Jr.
If a man would be brave let him obey his conscience.
--James Freeman Clarke
The best course is to satisfy one's own conscience...
--Mohandas K. Gandhi
Conscience is a man's compass.
--Vincent Van Gogh

Parent/Guardian Signature

YES! Our family has done, or will do this week, the activity/activities checked.

X

Parent/Guardian Signature

Student

Date