



Dear Parent/Guardian:  
Please do the activities checked with your child.

## Keeping a Good Conscience

Ages 8-10

### 1. Personal Stories

Each of you write about an experience you had where you did something wrong and then had a bad conscience. Include what you then did to try to keep a good conscience. Read your stories to each other.

### 2. List of Actions

Each of you make a list of actions that can create a good conscience and actions that can create a bad conscience. Read your lists to each other.

Good Conscience	Bad Conscience

### 3. Making Words

Using the letters in the phrase *keeping a good conscience*, each of you see how many words you can create in 5 minutes. See who can form the longest word.

### 4. Conscience Poster

Using paint, markers, or crayons, together make a large poster encouraging people to keep a good conscience by doing good things.

### 5. Conscience Dialogue

Together, write a short play where a character is faced with a hard decision and talks with his/her conscience about what is the right thing to do. When you are finished, read or perform the play for other family members.

### STORY WISDOM

#### Finding Life Lessons in Children's Stories

1. Discuss what one character's conscience could have said to him/her about his/her choices.
2. Have your child write a short paragraph as the conscience of a character speaking to him/her about the choices he/she made.
3. Make a list of choices a character made and whether they gave him/her a good or bad conscience.



### MEDIA WATCH

#### Understanding Media Messages

1. Discuss whether a TV character's actions resulted in a good or a bad conscience.
2. Make a list of characters in a current movie and whether those characters had a good or a bad conscience because of their choices.
3. Discuss a popular song your child enjoys and whether the song encourages people to do things that help them keep a good conscience.

### DINNER DISCUSSIONS

#### Discussion Ideas for Meals Together

1. Have family members tell about some of the things their consciences recently said to them.
2. Discuss what might happen if people did not have a conscience.
3. Have family members tell about times when they did something good and then felt good about themselves.

### QUOTE CORNER

#### Thoughtful Sayings to Display & Discuss

Never do anything against conscience.

--Albert Einstein

A man's conscience, like a warning line on the highway, tells him what he shouldn't do-- but it does not keep him from doing it.

--Frank A. Clark

Labor to keep alive in your breast that little spark of celestial fire called conscience.

--George Washington

Parent/Guardian Signature

YES! Our family has done, or will do this week, the activity/activities checked.

X \_\_\_\_\_

Parent/Guardian Signature

Student \_\_\_\_\_

Date \_\_\_\_\_