

Table Thoughts Table Tent

1. Throughout the day today, do what you know is right.
2. Tell one person a lesson you learned when you were disciplined for something you did wrong.
3. If you discipline someone today for doing something wrong, do it firmly yet gently.

Learning life lessons when we are disciplined



Learning from Discipline



WiseSkills® FAMILY WISDOM



Learning from Discipline



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Directions: Cut on black lines. Fold on dotted lines. Insert tab into slit. Keep on your table as a reminder to show good character.



Copy this page, then cut along this dotted line and distribute to families.



Refrigerator
Reminder

WiseSkills®
FAMILY WISDOM

Display on your refrigerator as a reminder to show good character.



Learning from Discipline

Learning life lessons when we are disciplined

With Family



- Remember some of the lessons you learned when you were disciplined for doing something wrong.
- When you are disciplined, think about what you can learn from what happened.

With Friends



- Remember what you have learned in school when you were disciplined.
- Do what you know you should do.

At School



- Remember what you learned the last time you were disciplined or received a negative review.
- Work hard and complete projects on time.

At Work



- Be a good friend by doing the right things and do not do what you know is wrong.
- Encourage them to learn from being disciplined.