



WiseSkills® FAMILY WISDOM™

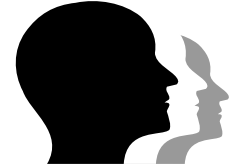
Helping Families Teach Good Character

Being Teachable People

Dear Parent/Guardian:

WiseSkill # 13

Learning from Discipline



Being disciplined is about being trained.

Good discipline helps a child grow into a healthy and happy adult.

All of us need to learn from our mistakes, especially when bad things happen because of our mistakes. One important part of growth is learning to change our attitudes and actions when we see that our actions do not help us be the person we want to be.

Parents use discipline to help their children become responsible adults. The key for parents is to learn from their mistakes as they help their children grow and learn from theirs.

In healthy discipline, your goal is not just punishing your child; rather, it is to help them learn important life lessons.

Sincerely,



PERSONAL THOUGHTS

1. How have you learned from your mistakes?
2. What is the hardest thing for you when you discipline your children?
3. What are three things you can do to help your child learn and grow when they are disciplined?

MODELING MOMENTS

Being an Example of Character

1. **LEARN** from your mistakes and failures.
2. **TELL** your child how you are learning and growing through your mistakes.
3. **REMIND** your child about ways that he/she has learned from being disciplined in the past.



Parent/Guardian Signature

YES! I have read this **FAMILY WISDOM** newsletter.

X

Parent/Guardian Signature

Student

Date

TEACHER/FAMILY COMMENTS