



# WiseSkills® FAMILY WISDOM™

Helping Families Teach Good Character

## The Gift of Our Conscience

Dear Parent/  
Guardian:

### WiseSkill # 16 Keeping a Good Conscience

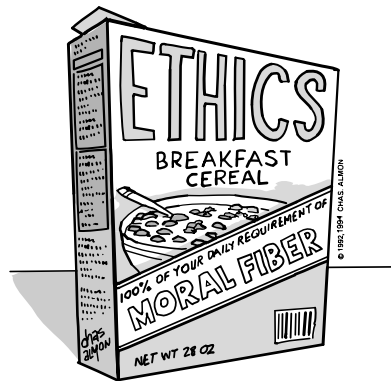


Each of us has been given something that can help us become people of character. This gift is our **conscience**--that inner voice that reminds us about the right or wrong choices we can make.

Keeping a good conscience involves, first, listening to what our conscience tells us about our choices. After we make a decision, we may feel guilty about our choice or we may feel good, depending on the choice we made. Our conscience gently guides us to make decisions that show good character.

Second, keeping a good conscience involves making decisions that follow what our conscience tells us. When we follow the inner voice of what we sense is right, we keep a good conscience and feel good about ourselves for making the right choices.

Sincerely,



### PERSONAL THOUGHTS

1. Do you listen closely to what your conscience tells you about your choices?
2. Do you usually follow your conscience or do you try to ignore it?
3. Write down 2 situations where you followed your conscience.

### MODELING MOMENTS

Being an Example of Character



1. **EXPLAIN** to your child about what your conscience tells you to do in different situations and what you do to keep a good conscience.
2. **DISCUSS** what can happen if you do not follow your conscience in different situations.
3. **MAKE** good choices that are in line with what your conscience tells you.

### Parent/Guardian Signature

YES! I have read this **FAMILY WISDOM** newsletter.

X

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Student

\_\_\_\_\_  
Date

### TEACHER/FAMILY COMMENTS